



Malta Institute for Medical Education

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Special Rescue Group St. Lazarus Corps

To Assist and Care in the service of Mankind

www.srgmalta.org



Early Years: First aid in Pregnancy and Childhood

This course will deal with accidents and emergencies in pregnancy and childhood, and is the first of its kind in Malta. The course will total 3 talks over 2 sessions on 2 consecutive Saturdays. Fee: €25 per couple in total (fee includes one or both partners). **Talks – in the following order:**

SELF-CARE DURING PREGNANCY – 1 TALK

Prof. Charles Savona Ventura,
MD, DScMed, FRCOG, Accr.COG, MRCPI, KLJ, OMLJ
Consultant Obstetrician & Gynaecologist

This lecture will review the process of pregnancy and the various common problems which are associated with pregnancy. The problems discussed will include the management of the “morning sickness”, heartburn, urinary problems, sudden fainting, muscle cramps and varicose veins. In addition, emphasis will be made on the principles of good nutrition and fluid intake during pregnancy; while the importance of exercise will be highlighted. The possible dangers of routine vaccination against certain infections will be outlined, as will the importance of fetal movements in checking the wellbeing of the child. *To be followed by:*

CARE OF BABIES AND CHILDREN – 1 TALK

Prof. Victor Grech
MD, PhD, FRCPCH, MRCP(UK), DCH, CLJ
Consultant Paediatrician

This lecture will focus on the practical aspects of the care of babies and young children, with special reference to feeding, avoidance of accidents and dealing with accidents. Common ailments in childhood will be discussed. This will be followed on the following Saturday by:

PRACTICAL HINTS AND TIPS – 2 TALKS

Field Marshal Chev. David J. Zammit
Dip. Mgt., M.Sc., F.Inst.C.M., M.I.P.D., KLJ, OMLJ, ODA
Commander in Chief, SRG

During the two sessions we will review the steps to be taken, in a sudden emergency to our baby or child. We will show you how to deal with the situation as well as the steps to be taken to provide a prompt recovery or how to get further professional help. In addition to this we will look at what a first aid kit should have and how to keep records regarding our children. The sessions will consist of theoretical and practical demonstrations.